ORIGINAL RESEARCH

Reuse of water from biofloc technology for intensive culture of Nile tilapia (Oreochromis niloticus): effects on productive performance, organosomatic indices and body composition

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Abstract During a growout period of 14 weeks, the productive performance, organosomatic indices and body composition of the Nile tilapia Oreochromis niloticus cultivated at high density reusing the water from systems with biofloc technology (BFT) were evaluated. Two treatments: tilapia cultured in biofloc (TB) and tilapia cultured in reused water biofloc (RW) were established. Mixed sex, juvenile Nile tilapia (average weight and length: 79.28 \pm 14.44 g and 12.44 \pm 0.70 cm) were stocked into 6 experimental units (0.2 m³) at a density of 100 fish/m³. Temperature, dissolved oxygen, total dissolved salts, pH, NH₄–N, NH₃–N and NO₃– N were recorded daily, while $NO₂$ –N, general hardness, carbonate hardness and settleable solids were recorded weekly. The weight and length of the tilapias were recorded biweekly. Survival, productive performance, proximal composition and organosomatic indices of Nile tilapia were evaluated. The water parameters in RW treatment such as pH, total dissolved salts, $NO₂–N$, $NO₃–N$ and carbonate hardness were significantly greater ($p < 0.05$), when compared to those obtained in TB treatment. Survival rate was $> 98\%$ under both treatments. The final weight (TB = 163.09 \pm 42.34 g, RW = 159.23 \pm 39.92 g), protein (19.1%) and lipid (2.2%) content of the tilapia were non-significantly different between treatments. In addition, no significant differences in the gonadosomatic and hepatosomatic indices were observed either between tilapia sex or between the treatments. The results suggest that the intensive cultivation of Nile tilapia in biofloc can be established using reuse water from BFT systems, without adverse effects on their survival, productive performance, proximal composition and gonadal development.

Keywords Aquaculture production · Flesh quality · Freshwater consumption · Gonadal development · Limited/zero-exchange systems - Physiological factors

Introduction

The freshwater dispute between different productive sectors, such as agriculture and energy, limits the availability and quality of water destined for continental aquaculture development (FAO [2018](#page-11-0)). Since the world's production of edible fish relies increasingly on continental aquaculture, which takes place in a freshwater environment, it is necessary to prolong the useful life of freshwater to guarantee aquaculture production (FAO [2018\)](#page-11-0). To prolong the useful life of freshwater, it is necessary to use cultivation techniques that have an advantage over traditional fish farming practices; for example, using biofloc technology (BFT)

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(Avnimelech [2009\)](#page-11-0). BFT is considered as the new blue revolution, because it exploits the proliferation of microorganisms (bacteria, fungi, microalgae and zooplankton) to maintain water quality, excluding pathogens and providing better nutrition to cultured organisms, which increases the production (Emerenciano et al. [2017](#page-11-0)). Additionally, it has been demonstrated that BFT has a positive effect on the proximal composition of the cultured organisms (Pérez-Fuentes et al. [2018](#page-12-0)), and the nutrition of broodstock (Ekasari et al. [2013\)](#page-11-0), due to the consumption of the microorganisms present in the biofloc.

An additional benefit of BFT is the lower water consumption due to zero or minimum water exchange during production (Avnimelech [2009\)](#page-11-0); for example, the freshwater consumption during the culture of prawn Macrobrachium rosenbergii, and Nile tilapia Oreochromis niloticus in BFT have been reported to be 6.8 and 0.071 m^3 of water, respectively, per kilogram of production (Pérez-Fuentes et al. [2013](#page-11-0), [2016](#page-11-0)). Similarly, a decrease in water consumption has been reported during the cultivation of shrimp *Litopenaeus vannamei* in salt water using BFT (0.098–0.169 m³ of water per kilogram of production) (Krummenauer et al. [2014](#page-11-0)). In contrast, traditional freshwater aquaculture uses an average of 16.9 m^3 of water per kilogram of production; therefore, farming techniques that both intensify production and make use of natural resources, such as BFT, should be adopted (Verdegem and Bosma [2009](#page-12-0)).

The reduction in water consumption using BFT could be greater if the same water is reused in multiple culture cycles (Krummenauer et al. [2014\)](#page-11-0). However, it is important to evaluate the impact that reuse water could have on the productive performance and nutritional quality of the cultivated organisms because the reuse of water from previous cultures could spread diseases or parasites to the new batch of fish or increase the accumulation of salts or toxic substances in the water (Boyd [2003\)](#page-11-0) which, in turn, could potentially affect the production and quality of the final product. In addition, to evaluate productive performance and proximal composition of cultured organisms, the evaluation of organosomatic indices, that is, the ratios of organs to body weight, can provide important information about the health condition of the cultivated organisms since it is possible to establish a direct connection between environmental factors and their effect on the target organ, for instance, when a reduction or increase in size of key organs, such as liver or gonad, occurs (Dekic´ et al. [2016](#page-11-0)).

There is currently a scarcity of information in the literature regarding the cultivation of fish and crustaceans using biofloc and water that has been reused following other BFT cultures. In addition, most research has focused on the productive performance of the species without considering the effect on the body composition or the health status of the cultivated organisms. However, in a related study, Krummenauer et al. [\(2014](#page-11-0)) evaluated the cultivation of white shrimp L. vannamei using different proportions (ranging from 25 to 100%) of reuse water, and observed that survival, growth and feed conversion rate of the shrimp were higher compared to values of the same parameters recorded from shrimp cultured in clear water. In contrast, Malpartida et al. ([2017\)](#page-11-0) established a biofloc culture of Nile tilapia, O. niloticus, using 50% biofloc-rich water as inoculum, and did not observe adverse effects on the survival and productive performance of the tilapia caused by the water source.

Based on current knowledge, we hypothesize that Nile tilapia can be cultured in biofloc using up to 100% reuse water derived from other BFT systems because previous studies have shown that Nile tilapia tolerates adverse environmental conditions and is considered to be one of the most physiologically adaptable species to biofloc culture, which allows cultivation at high densities (Day et al. [2016;](#page-11-0) Pérez-Fuentes et al. [2016](#page-11-0)). If implemented successfully, this strategy could offer a sustainable alternative to both Nile tilapia production and water use. The objective of the study was to evaluate the productive performance, organosomatic indices and proximal composition of the Nile tilapia, O. niloticus, cultivated at a high density using water reused from prior BFT cultures.

Materials and methods

The study was carried out in the Laboratory of Genetic Improvement and Aquaculture Production of the Technological Institute of Boca del Rio, Veracruz, Mexico, over a 14-week grow-out period.

Experimental design and system

A completely randomized design was used with two treatment conditions: tilapia culture in biofloc (TB) and tilapia cultured in biofloc utilizing reused water (RW), with three replicates per treatment. Two fiberglass round tanks (3.80 m² in area \times 0.80 m deep water) were used for biofloc production (BP). A tank was filled with water from the artesian well and the other tank was filled with the supernatant water from a semiintensive tilapia BFT culture, which was previously sedimented for 96 h. The water from both tanks was inoculated with 0.15 ml/L of chelated liquid fertilizer (Bayfolan Forte, Bayer Crop Science Division, Bayer, Mexico; composition % w/w = Total N 11.47%, potassium as K_2O 6.00%, B 0.036%, Cu 0.040%, Fe 0.050%, Mo 0.005%, Zn 0.080%, thiamine hydrochloride 0.004%, phosphorus as P_2O_5 8.00%, S 0.23%, calcium as CaO 0.025%, Co 0.002%, Mn 0.036%, magnesium as MgO 0.025%, indoleacetic acid 0.003%) to stimulate primary productivity and zooplankton growth (Pérez-Fuentes et al. [2016\)](#page-11-0). The maturation period of the water in the tanks was 10 weeks. During this period, the water was aerated with two diffuser stones (23 cm \times 2.5 cm \times 2.5 cm) connected to a 1-HP (Sweetwater, Apopka, FL, USA) aerator. One week before the end of the biofloc maturation period, 150 g of molasses per day was added to promote the growth of heterotrophic bacteria.

At the end of the maturation period, three experimental tanks (0.26 m² in area \times 0.80 m deep water) were annexed to each BP tank. In addition, one settling chamber per BP tank (0.26 m² in area \times 0.9 m deep water) was used. All components were installed inside a greenhouse (30 m \times 10 m \times 4.5 m) covered with shade mesh (10% brightness). During the study, floc-rich water was continuously recirculated, running from the BP tank into the experimental tanks by means of a submersible pump (40 L/min) and was returned by gravity, the water lost by evaporation or sludge extraction was recovered with water from the artesian well (Fig. 1).

Nile tilapia culture

For the study, the BP and the experimental tanks were stocked with juvenile Nile tilapia O. niloticus (79.28 \pm 14.44 g initial average weight and 12.44 \pm 0.70 cm initial average length) without sexual selection and maintained at a density of 100 fish/m³. The female:male ratio of the fish batch was 39:61 and 40:60 for TB and RW, respectively. A formulated feed (El Pedregal Silver Cup, Toluca, Mexico) composed of 32% protein, 5% lipids, 5% fiber, 5% ash and 12% moisture (according to the manufacturer's warranty) was supplied to the tilapia twice daily (09:30 and 15:30 h). During the test, the feed was supplied equivalent to 2% of the total biomass was used. The amount of feed supplied to tilapia in the BP and experimental tanks was adjusted after each biometry. For biometric data, 40 fish from the BP tank and 20 fish per experimental tank were measured (weight and standard length) biweekly.

During the grow-out period, a constant C:N ratio of 12.5:1 was achieved in the biofloc using molasses as a carbon source (40% C determined by elemental analysis). The amount of carbon (molasses) used per treatment was determined in relation to the feed ration and its protein content; the molasses was divided into two fractions and were added every 5 days to avoid an abrupt reduction in the concentration of dissolved oxygen in the water (Pérez-Fuentes et al. [2016\)](#page-11-0).

Fig. 1 The tank and experimental units used during Nile tilapia Oreochromis niloticus culture in biofloc with reused water

Productive performance and gonadosomatic indices of Nile tilapia

Productive performance of Nile tilapia was evaluated according the following indices (Pérez-Fuentes et al. [2018](#page-12-0)):

Survival $(S, \%)$ = (number of live fish/number of fish stocked) $\times 100$ Daily weight gain (DWG; g/day) = [final live weight (W_f, g) - initial live weight (W_i, g)] / Time $(t, days)$ Specific growth ratio (SGR, $\%$ /day) = $[(\ln W_f - \ln W_i)/t] \times 100$ Condition factor $(K) = [(body weight, g) / length^3] \times 100$; length being in cm Feed conversion ratio (FCR) = feed consumed (g) \int fish weight gain (g) Coefficient of variation $(CV, \%) = (standard deviation / mean) \times 100$ Total production (TP, Kg/m^3) = [(S \times number of fish stocked \times mean final weight(FW, kg)]/ water volume (3.6 m^3)

At the end of the study, 10 fish from each experimental tank were anaesthetized in clove oil solution (75 mg/ L). Subsequently, the fish were weighed and measured, killed by a cranial puncture and, under aseptic conditions, the fillet, gonads, and liver were extracted. The tilapia fillet was obtained by cutting the muscle mass on each side of the fish, from the dorsal muscle to the ventral muscle, omitting spines and skin. The fillet yield and the organosomatic indices were evaluated according to the following indices (Oliveira et al. [2014;](#page-11-0) Pérez-Fuentes et al. [2016](#page-11-0)):

> Fillet yield $\left(\% \right) =$ [fillet weigth (g) body weight (g)] \times 100 Gonadosomatic index $(GSI, \%) = [$ gonad weight $(g) /$ body weight $(g) \times 100$ Hepatosomatic index (HSI, $\%$) = [liver weight (g) / body weight (g)] \times 100

Proximal composition of Nile tilapia and biofloc

To determine the proximal composition of the tilapia, the fillets obtained from the fish of each experimental tank were homogenized. A sample of the resulting mixture was taken, which was crushed in a mortar to obtain a paste, then packed into plastic bags and stored at -5 °C until analysis. The moisture content of the fillets was determined using a convection oven (Memmert UNP 400, Schwabach, DEU) heated to 135 °C for 2 h. The crude protein was determined with an elemental analyzer (Flash 2000, Term Fisher Scientific, Waltham, Massachusetts, USA) ($N \times 6.25$); total lipids were extracted by soxhlet method using the methanol–chloroform solvent in a 2:1 ratio; ash was calculated after sample incineration at 600 \degree C for 2 h in a furnace muffler (Felisa, Jalisco, Mexico), each measurement was taken in triplicate, in accordance with AOAC ([1990\)](#page-11-0).

During the fourth, eighth and fourteenth week of the grow-out period, a sample of biofloc (80–100 g wet weight) was taken to determine its proximal composition. The biofloc sample was obtained from the BP tank after filtering approximately 200 L of water through a 50-µm mesh. The moisture in the biofloc was estimated by dehydration at 60 °C for 24 h. The dehydrated biofloc samples were pulverized and stored at -5 °C until their analysis. The crude protein, total lipids and ash contents were estimated with the methodology and instrumentation previously indicated for the fillet samples. The conversion factor of $N \times 5.9$ was used to calculate the protein content from nitrogen (Liu et al. [2016](#page-11-0)). All measurements were performed in triplicate.

Physicochemical parameters of water

Physicochemical parameters of water were recorded daily at 10 h. Temperature $(T, \degree C)$, dissolved oxygen (DO, mg/L), total dissolved salts (TDS, mg/L), ionized ammonia (NH4–N, mg/L), non-ionized ammonia $(NH₃-N, mg/L)$ and nitrate $(NO₃-N, mg/L)$ were measured with a multi-sensor (Professional Plus model, YSI, Yellow Springs, OH, USA), and pH was measured using $EcoTestTM$ pH 2 (Pérez-Fuentes et al. [2018](#page-12-0)). The concentration of nitrite ($NO₂-N$, mg/L), general hardness (GH, mg/L) and carbonate hardness (KH, mg/L)

were determined by colorimetry (Hagen Nutrafin, Mansfield MA) and settleable solids (SS, ml/L) with 1000 mL Imhoff cones after 20 min of sedimentation (Pérez-Fuentes et al. [2018](#page-12-0)). When the SS concentration $was > 50$ mL/L, the biofloc was partially removed from the water using the settling chamber. Calcium hydroxide was used to increase the carbonate hardness (≥ 100 mg/L of CaCO₃) and pH (≥ 7.0) of water when these parameters decreased to KH $\lt 80$ mg/L and pH $\lt 6.5$ (Emerenciano et al. [2017](#page-11-0)). To do this, one kilogram of hydrated lime was diluted in 450 L of water, allowed to settle for 2 h and then the supernatant (150 L) was added to the PB tank.

Statistical analysis

The data were assessed for normality and homoscedasticity using the Kolmogorov–Smirnov and Levene tests, respectively. The parameters of water and growth were log_{10} transformed, whereas survival, organosomatic indices and proximal composition of tilapia and biofloc were arcsine-transformed for analysis. Statistical analysis for parameters of water, organosomatic indices and proximal composition data was performed using a one-way ANOVA, whereas data of productive performance of tilapia were analyzed using two-way ANOVA with treatment and date as fixed factors. Tukey's multiple comparisons test was carried out to determine the differences between treatments. All analyzes were performed with a nominal significance of 5% (Zar [2010](#page-12-0)) with the Statistica V. 7.0 program (Dell Statistica, Round Rock, TX, USA).

Results

The results of the analysis of the physicochemical parameters of water measured at the time of filling the tanks, at the end of the biofloc maturation period and during the grow-out period of tilapia are shown in Table [1.](#page-5-0)

During the grow-out period, the physicochemical parameters of water, except temperature, were within the acceptable range for the tilapia culture in both treatments; however, the RW water parameters such as pH, TDS, $NO₂-N$, $NO₃-N$ and KH were significantly greater ($p < 0.05$), when compared to those recorded in the TB treatment. The variation of water parameters during the grow-out period of the Nile tilapia are shown in Fig. [2](#page-6-0) (T, TDS and pH) and Fig. [3](#page-7-0) (SS, OD and NH_4-N). The water lost by evaporation or biofloc extraction corresponded to 4.2% every 2 weeks, with a cumulative total of 29% which was equivalent to 1.06 m³ of water consumed per treatment after 14 weeks of culture.

The survival of tilapia in both treatments was $> 98\%$. After 14 weeks of culture, the final weight of tilapia in TB (163.09 \pm 42.34 g) and RW (159.23 \pm 39.92 g) was similar. The other productive performance variables such as DWG, SGR, K. FCR, CV, TP and fillet yield were similar between treatments (Table [2](#page-8-0)).

At the end of the study, proximal composition of tilapia and the gonadosomatic and hepatosomatic indices of both sexes of tilapia were similar among treatments. The protein and lipid contents of biofloc were similar between treatments; however, the ash content was significantly higher in the RW treatment (Table [2\)](#page-8-0).

Discussion

The sustainability of the aquaculture sector depends on efficient management of resources, especially water (FAO [2018\)](#page-11-0). In this study, reuse water contained a high concentration of TDS, but as the maturation period progressed, a reduction in TDS concentration was observed, which could be related to the proliferation of microalgae since this microorganism utilized inorganic nutrients for growth (Natrah et al. [2013](#page-11-0)). The proliferation of microalgae resulted in a photoautotrophic biofloc during the first weeks of culture; these microorganisms, in addition to oxygenating the water, were an important source of macro and micronutrients for the cultivated organisms (Gallardo-Colli^c et al. [2019\)](#page-11-0). When establishing cultures with biofloc, it is necessary to fertilize the water to promote the proliferation of microorganisms (Pérez-Fuentes et al. [2016\)](#page-11-0); therefore, a potential benefit derived from the use of water with a high concentration of nutrients, such as that derived from BFT culture effluents, is the reduction in the amount of inorganic fertilizers required to stimulate primary productivity since the effluents serve as an inoculum (Krummenauer et al. [2014](#page-11-0)).

Table 1 Means ± standard deviation of physicochemical parameters of water when filling the tanks, at the end of maturation period and during 14-week grow-out period of Nile tilapia Table 1 Means ± standard deviation of physicochemical parameters of water when filling the tanks, at the end of maturation period and during 14-week grow-out period of Nile tilapia

 ${}^{\circ}$ Rows with different superscripts presented significant differences ($p < 0.05$)

^aRows with different superscripts presented significant differences ($p < 0.05$)

Fig. 2 Water quality parameters variation during intensive culture of tilapia in biofloc (TB) and tilapia culture in reused water biofloc (RW): a temperature; b total dissolved salts; c pH Fig. 2 Water quality parameters variation during intensive culture of tilapia in biofloc (TB) and tilapia culture in reused water biofloc (RW): a temperature; b total dissolved salts; c pH

Week

(N''') (incan \pm $5D'$)		
Variables	Treatment ^a	
	TB	RW
Performance		
$S(\%)$	100 ± 0.00	98.75 ± 2.50
IW (g)	79.83 ± 12.83	78.74 ± 15.94
FW(g)	163.09 ± 42.34	159.23 ± 38.92
K	3.99 ± 0.34	4.01 ± 0.34
SGR (%/day)	0.72 ± 0.21	0.70 ± 0.24
DGR (g/day)	0.83 ± 0.25	0.79 ± 0.28
FCR	2.22 ± 0.72	2.40 ± 1.03
CV(%)	21.51 ± 3.03	22.31 ± 3.25
TP (kg/m ³)	16.30 ± 0.00	15.63 ± 0.40
Fillet yield $(\%)$	21.83 ± 2.11	22.39 ± 2.95
Organosomatic indices of male fish $(\%)$		
Gonadosomatic index	1.34 ± 0.58	1.57 ± 0.50
Hepatosomatic index	2.64 ± 1.17	3.12 ± 1.02
Organosomatic indices of female fish $(\%)$		
Gonadosomatic index	5.01 ± 1.93	4.72 ± 2.47
Hepatosomatic index	2.99 ± 1.06	2.69 ± 0.99
Proximal composition of tilapia $(\%)^{\mathfrak{d}}$		
Moisture	77.31 ± 0.87	77.35 ± 0.49
Crude protein	19.11 ± 0.52	19.08 ± 0.72
Total lipids	2.24 ± 0.61	2.22 ± 0.22
Ash	1.36 ± 0.11	1.34 ± 0.07

Table 2 Productive performance, organosomatic indices, proximal composition of tilapia and proximal composition of biofloc after 14-week grow-out period of Nile tilapia Oreochromis niloticus cultured in biofloc (TB) and cultured in reused water biofloc (RW) (mean $+$ SD)

S survival, IW initial weight, FW final weight, K condition factor, SGR specific growth ratio, DGR daily growth ratio, FCR feed conversion ratio, CV coefficient of variation, TP total production

Moisture 86.47 \pm 4.71 Crude protein 36.83 ± 7.71 35.90 ± 8.10 Total lipids 4.14 ± 2.90 4.45 ± 4.53 Ash $11.39 \pm 1.31^{\circ}$ $13.61 \pm 0.05^{\circ}$

^aRows with different superscripts present significant differences ($p < 0.05$)

Proximal composition of biofloc $(\%)^c$

^bThe determination of crude protein, total lipids and ash was performed on wet weight

^cThe determination of crude protein, total lipids and ash was performed on dry basis

The low KH of the water observed at the end of the maturation period was associated with the type of commercial fertilizer used, which contained a high percentage of ammonia (55.5%), a nitrogenous compound that is preferentially consumed by microalgae and used for the synthesis of biomass, the assimilation of ammonia by microalgae leads to a decrease in the alkalinity of the water (3.13 g alkalinity as CaCO₃/g NH₄– N) (Ebeling et al. [2006\)](#page-11-0). During the growth period, the alkalinity of the water in both systems was corrected by adding calcium hydroxide; this water parameter was more stable in the RW treatment, which could have improved the health of the tilapias (Emerenciano et al. [2017](#page-11-0)).

During week seven of tilapia culture, the water temperature decreased to 20 $^{\circ}$ C, which was caused by the presence of cold fronts in the Gulf of Mexico. This temperature is not optimal for tilapia cultivation $(28-30 \degree C)$ (Emerenciano et al. [2017\)](#page-11-0); however, in this study, the tilapia culture was established in a greenhouse using BFT which meant that the water temperature was maintained at a value significantly greater than the water temperature of the artesian well. The positive effect of BFT on tilapia culture and the protection of the system in a greenhouse have been previously reported by Crab et al. [\(2009](#page-11-0)), who indicated that the

water temperature increased by up to 5° C compared to the water of the influent; furthermore, under these culture conditions, the tilapia achieved a high survival and a high condition factor at harvest, results that resemble those observed in the present study.

During the growth period, the slope of TDS accumulation was higher in the TB treatment than in the RW treatment. This difference may have been due to a greater abundance of microalgae in the RW system, resulting from the consumption of nutrients derived from the mineralization processes carried out by bacteria and protozoa present in BFT systems (Avnimelech [2009\)](#page-11-0). Microalgae, bacteria, protozoa, metazoa and particulate organic material are part of the biofloc and confer a high nutritional quality (Gallardo-Collı´ et al. [2019](#page-11-0)); so, it is probable that their consumption by tilapia contributed to the observed improvements in productive performance.

A decrease in water pH was recorded after the eighth week of the tilapia culture. This pH reduction in the water was accentuated in the TB treatment, which suggests greater pH stability resulted from the use of reuse water in the RW treatment. This observation is congruent with previous studies indicating minimal pH variation in the water of BFT cultures (Avnimelech [2009\)](#page-11-0). Emerenciano et al. [\(2017](#page-11-0)) indicated that values below 7.0 are considered normal in BFT systems, although they can affect nitrification processes. In the present study, the influence of pH variability on the productive performance of tilapia was discarded.

Midway through the culture period, the SS concentration in the water was observed to exceed the recommended maximum value for tilapia cultivation (50 ml/L) (Hargreaves [2013](#page-11-0)) which was related to the elevated amount of food that entered the water by the increase in fish biomass. The excessive SS concentration was a result of the nitrogenous waste derived from the consumption of feed by tilapia which is subsequently used by heterotrophic bacteria to produce microbial biomass, consequentially causing an increase the production of biofloc (Pérez-Fuentes et al. 2016). The excessive production of biofloc was controlled using a settling chamber; this action was necessary to prevent gill blockage by excess solids present in the water (Hargreaves [2013](#page-11-0)). The partial removal of biofloc from water improves biofiltration and decreases nitrate concentration; however, its extraction can affect the microbial community by removal of microorganisms associated with the biofloc (Ray et al. [2010](#page-12-0)).

Previous studies have suggested that in biofloc cultures, fish growth and the increase in microbial biomass reduce the concentration of dissolved oxygen in the water (Hargreaves [2013](#page-11-0)). This is coherent with the results of the present study whereby, following the seventh week of tilapia culture, the DO concentration in the water decreased in both treatments which was attributed to both the growth of the fish and the continuous increase in the concentration of SS. Another factor that affects the DO concentration in biofloc systems is the C:N ratio; for instance, values in the range of 15:1–20:1 cause a dramatic reduction in the DO concentration immediately after the carbon source enters the water (Pérez-Fuentes et al. [2016](#page-11-0)). In the present study, this effect was avoided by establishing a C:N ratio of 12.5:1 and efficient water aeration.

The NH_4 –N and NH_3 –N concentrations were similar between treatments and were maintained at a concentration $\lt 1$ mg/L for most of the grow-out period, which can be attributed to both the C:N ratio used during the study and the molasses application strategy, factors that kept the concentration of ionized and non-ionized ammonia within the tolerable range for the tilapia culture (Pérez-Fuentes et al. [2016\)](#page-11-0). Emerenciano et al. [\(2017](#page-11-0)) indicated that the addition of molasses can be prolonged until an increase in the total ammonia reaches a concentration > 1 mg/L. Also, this strategy could reduce the production of biofloc since the limitation of the organic carbon source will decrease the heterotrophic bacterial biomass. The concentration of $NO₂–N$ and $NO₃–N$ in the water of the RW treatment were outside the "ideal range" for biofloc cultures as recommended by Emerenciano et al. ([2017\)](#page-11-0); however, it has been demonstrated that Nile Tilapia can tolerate concentrations of nitrite and nitrate above the values observed in this study without adversely affecting productive performance (Widanarni and Maryam [2012\)](#page-12-0).

On the other hand, the water consumption in both treatments during the grow-out period was less than the value of 40% previously estimated by Verdegem and Bosma ([2009\)](#page-12-0), which confirms that the implementation of BFT cultures with reuse water can be used to further reduce the water consumption derived from freshwater aquaculture. In addition, when BFT cultures are developed using reuse water, the discharge of nutrients into natural water bodies decreases (Tucker et al. [2015](#page-12-0)).

The survival of juvenile tilapia cultivated with reuse water from BFT systems was high $(>98\%)$. This result suggests that reuse water derived from previous BFT cultures can be used in the development of a new biofloc culture and does not negatively impact the survival of tilapia. The survival rate recorded in the present

study is comparable to the rate of survival reported for tilapia (93–95%) when cultivated in biofloc from first use water or reused water (50% inclusion) (Widanarni and Maryam [2012](#page-12-0); Pérez-Fuentes et al. [2016;](#page-11-0) Malpartida et al. [2017\)](#page-11-0), and the high survival rate (99%) observed in the shrimp L. vannamei cultivated in biofloc with reuse water at a 100% inclusion level (Krummenauer et al. [2014\)](#page-11-0).

The DWG of the tilapia (0.79 g/day) observed in the RW treatment exhibited similar values to those reported for the mixed culture of tilapia O. niloticus with biofloc (0.52–0.83 g/day) (Widanarni and Maryam [2012](#page-12-0)), which suggests that the growth of tilapia during their culture in biofloc with reuse water was not affected by the quality of the water from the previous BFT culture; thus, the useful life of the water can be prolonged at least for the development of a new biofloc culture cycle. This is consistent with a previous report by Krummenauer et al. ([2014\)](#page-11-0) who indicated that the use of the same water from prior BFT cultures is highly beneficial for culture white shrimp L. vannamei, because good water quality is maintained, and the productive performance is increased.

The K of tilapia in both treatments was greater than 2, suggesting that fish maintained good health throughout the cultivation period, as well as adapting to the stress caused by a decrease in water temperature. A similar effect was observed by Crab et al. ([2009\)](#page-11-0) when an average condition factor of 2.2 was recorded for tilapia during cultivation in biofloc at low temperatures (18 $^{\circ}$ C). On the other hand, a decrease in the FCR $(1.01-1.14)$ of male tilapia cultivated using BFT has previously been reported by Pérez-Fuentes et al. (2016) (2016) , who indicated that the intake of biofloc contributes to the diet of the fish and reduces the consumption of feed. Additionally, other studies have indicated that biofloc consumed by fish improves digestion and decreases the feed conversion ratio (Avnimelech [2009\)](#page-11-0). In our study, an FCR greater than 2 was expected due to the interaction between sexes, since the tilapia culture was of mixed sexes, energy from food may have been partially used to satisfy reproductive needs, such as gonad maturation or territorial defense (Orlando et al. [2017](#page-11-0)).

At the end of the study, in both treatments, the gonadosomatic index of the female tilapia was greater than the hepatosomatic index. This result may be due to increased deposition of proteins and/or lipids in this organ because during the vitellogenesis process, a large oocyte growth occurs due to the influx of plasma proteins and lipids, including vitellogenin synthesized in the liver (Oliveira et al. [2014\)](#page-11-0). Previous studies indicate that Nile tilapia cultured in BFT systems improve their reproductive performance due to the contribution of nutrients from the biofloc (Ekasari et al. [2013\)](#page-11-0). On the other hand, an increase in the CV of the fish was observed, 17.25–23.93%, which indicates the presence of hierarchies and competition among fish (Jobling [1995](#page-11-0)), behavior that was accentuated, mainly between male tilapia, due to the establishment of a culture of tilapia with mixed sexes.

After 14 weeks of cultivation, the TP of tilapia (16 kg/m^3) was similar to the value reported in previous studies (16–18 kg/m³) (Pérez-Fuentes et al. [2016](#page-11-0)), which indicates that the cultivation of tilapia in biofloc with reuse water did not affect the productive performance. The fillet yield of fish (22%) in both treatments was lower than the minimum value of 26% reported by Pérez-Fuentes et al. [\(2016](#page-11-0)) in tilapias of 230 g. However, this low value is justified by differences in weight, since there is a positive correlation between tilapia weight and fillet weight (Rutten et al. [2004](#page-12-0)). Additionally, the proximal composition of the tilapia was not affected, as indicated by the protein, lipid and ash percentages which are similar to the values reported in heavier tilapia (530 g) with a fillet yield of 30% (Michelato et al. [2016](#page-11-0)).

Conclusion

The reuse water from BFT systems used to establish new biofloc cultures prolongs the useful life of the water and reduces overall water consumption. The cultivation of Nile tilapia in biofloc can be established with reuse water from BFT systems without adverse effects on their survival, productive performance, proximal composition and gonadal maturity. Additionally, good water quality can be maintained during cultivation; therefore, it could be considered as an additional strategy to maintain or increase production of Nile tilapia.

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Compliance with ethical standards

Conflict of interest The authors have no conflict of interest to declare.

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